

## **Training a network of people with lived experience of suicide and suicidal behaviour to influence policy and practice**

### **Overview**

The NSPA is an alliance of over 500 public, private and voluntary organisations and individuals in England who care about suicide prevention and are willing to take individual and collective action to reduce suicide and support those bereaved or affected by suicide.

We are planning to further develop our membership of people with lived experience by supporting a network of at least 100 people with lived experience of suicide and suicidal behaviour who will inform and influence the development of suicide prevention policy and practice, locally, regionally and nationally, through a large online panel and a smaller group of trained and supported advocates and influencers. By 'lived experience' we mean people who have experienced suicidal thoughts, people who have attempted suicide, people living with or supporting those with suicidal thoughts, and those bereaved by suicide. This can include professionals working in this field with personal experience.

We have undertaken scoping work to identify the need for and possible shape of this work, have individual members within our membership with lived experience and have an online platform in place that can be used. Our next step is to create systems for recruiting, training, engaging and supporting a diverse group, and developing systems to ensure their voice is heard and valued. We believe this work needs to be shaped and led by people with lived experience.

The NSPA is therefore requesting applications for a training expert to lead on the development and delivery of training elements to start work in July. The initial work will finish in October.

### **The project**

#### **Overall Aim**

To ensure those NSPA network members speaking about and influencing suicide prevention policy and practice are trained to be able to do so effectively and safely – both for themselves and their audiences.

#### **Deliverables by the end of October 2020**

- Recommendations on the most appropriate training delivery model and /or provider (from across the UK and internationally) for this network by end July
- To ensure delivery of the first set of training courses or modules to enable members of the network to safely use their own experiences to:
  - Engage with NSPA and their members' work
  - Influence locally and/or nationally
- Processes in place to establish and deliver an on-going training programme as the network grows

#### **Skills, knowledge and experience:**

- Extensive experience developing and delivering a range of training and train the trainer courses

- Experience of working within the third sector, preferably in mental health or suicide prevention
- Experience of working with people with lived experience of suicide or suicidal behaviour
- Personal lived experience of self-harm or suicidal behaviour and/or experience of being a mental health service-user

### **Applications**

Please submit your CV and covering letter, including how you meet the skills, knowledge and experience requirements, your day rate, and time available, no later than 9.00am on Monday 29<sup>th</sup> June 2020 to: Penny Fosten, Executive Lead, NSPA at [p.fosten@nspa.org.uk](mailto:p.fosten@nspa.org.uk).

If you have any queries about this, please contact Penny Fosten at [p.fosten@nspa.org.uk](mailto:p.fosten@nspa.org.uk).

**Deadline:** 9.00am on Monday 29<sup>th</sup> June.

Applicants will be notified by Tuesday 30<sup>th</sup> if they're invited to interview by video conference. These will be held the same week.

Ideally the post would start in early July.