### **Suspected Suicide Learning Panels**

The factors leading to someone taking their own life are complex and no one organisation is able to directly influence them all. However, it is important that lessons are learned from each suspected suicide by reviewing the circumstances and the way in which local professionals and organisations work individually and collectively to avoid future loss of life.

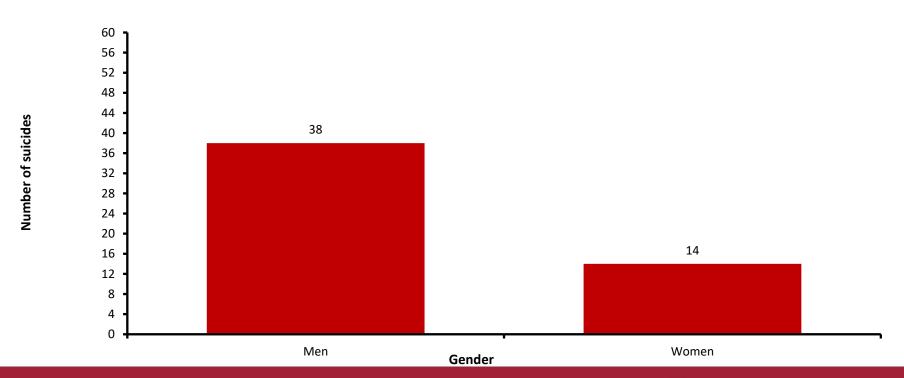


# Suspected Suicide Learning Panels: presenting the case

- To monitor and learn from suspected suicides in real time and respond in a timely manner
- Understand the wider impact on others
- To challenge myths and identify emerging trends in real time

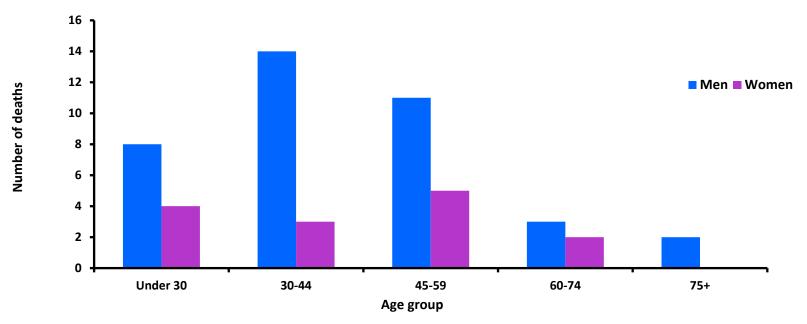


### Suicide by Gender

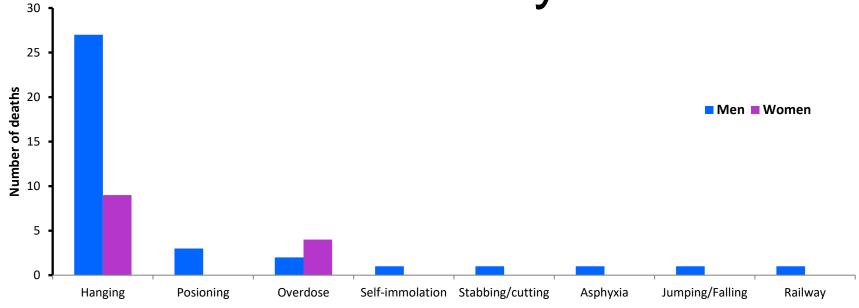




## Age of Death by Gender



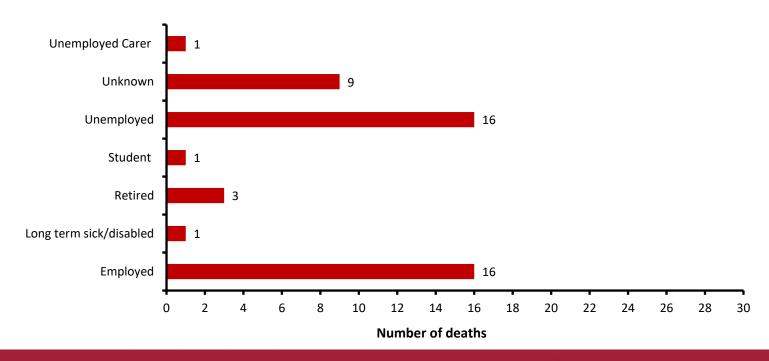
## Means of Death by Gender



**Means of Death** 

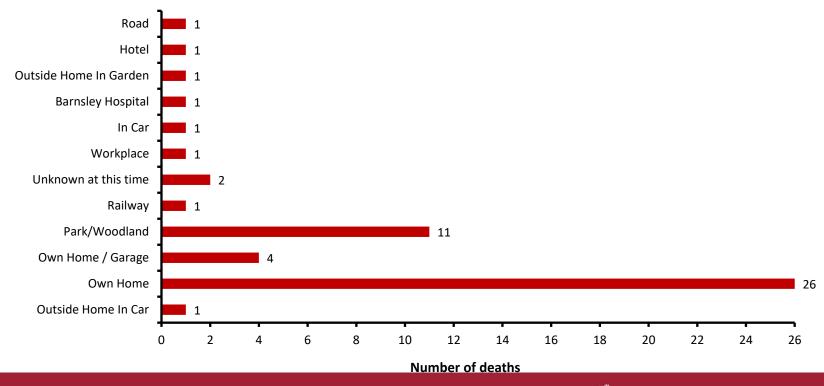


#### **Employment Status**



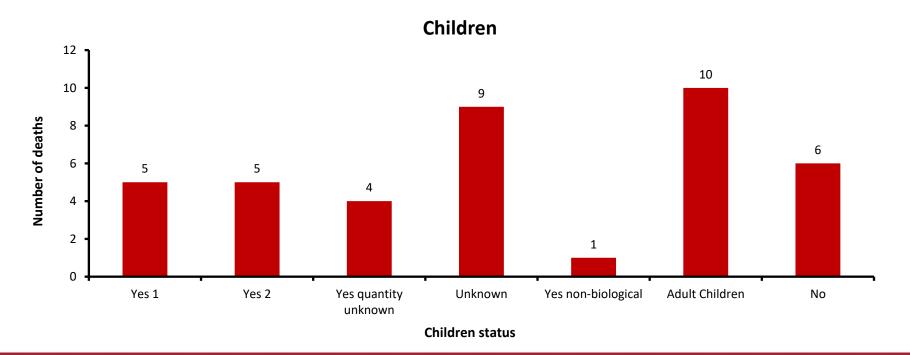


#### Location of Death



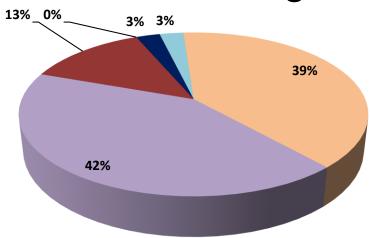
Location

### Children



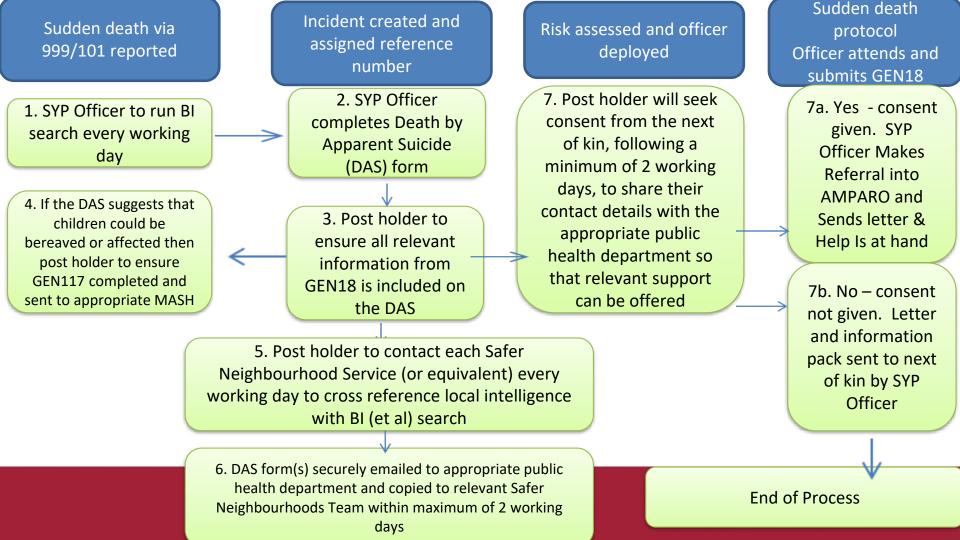


#### Mental Health Diagnosis



- Mood Disorder (Depression, Anxiety, PTSD)
- **■** Psychosis
- Dual Diagnosis (Psychosis with substance misuse)
- Personality Disorder (Diagnosed by Psychiatrist)
- Adjustment Disorder (e.g crisis lasting up to 6 weeks due to marital breakdown)
- Unknown





## The process: stage 1 - information and intelligence

- Real time intelligence from South Yorkshire Police sent to public health secure mailbox
- Provided within 48 hours of death
- SYP obtains consent for Bereavement Support— AMPARO
- Support offered and letter & Help is at Hand is sent out



## The process: stage 2 – Confidential Enquiry Form

- Drug/alcohol use
- Prescribing
- Mental health Issues
- Physical health issues
- Chronological timeline of contact with deceased
- Personal situation
- Who might have been affected?



## The process: stage 3 – Suspected Suicide Learning Panel

- Case history prepared
- Suspected Suicide Learning Panel held quarterly and reviews cases from that quarter
- Focus on life circumstances (rather than service input)
- Learning actions reported into Suicide Strategic Group and Safeguarding Boards



## Streamlining the Process

- QES System Purchased for 3 years across SY&B ICS.
- Data inputted by South Yorkshire Police
- Reminder emails sent to partners before deadlines.
- Automated reports generated
- https://www.qes-online.com/



## Local learning

- Substance misuse
- Children (not protective factor)
- Physical Pain & LTC's
- Need to review DNA & follow up procedures after someone attempts to take their own life

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