

Time	Session
09:15	<b>Registration &amp; Networking</b>
10:00	<b>Welcome</b> Brian Dow, Co-chair, NSPA
10:10	<b>Jackie Doyle-Price MP, Minister for Inequalities, Mental Health and Suicide Prevention</b>
10:40	<b>Reflections on the national strategy</b> Professor Louis Appleby, Chair, National Suicide Prevention Strategy Advisory Group
11:10	<b>Plenary: Suicide prevention with children and young people</b> Professor Ellen Townsend, Head of Self-Harm Research Group, University of Nottingham Claire Dickens, Senior Lecturer in Mental Health, University of Wolverhampton Charley James: speaking from her own experience
11:55	Coffee break
12:10	<b>Workshops</b>
<i>Pakistan Room</i>	<b>1a) Building suicide-safer school communities: case studies</b> <i>Aarti Kumari, Regional Manager for London, PAPYRUS Prevention of Young Suicide</i> <i>Larissa Sherman, Head of Therapy, Bromley Beacon Academy &amp; Bromley Trust Academy</i> <i>Sam Madden, Director of Mental Health and Wellbeing, St Paul's School</i>
<i>India Room</i>	<b>1b) Loneliness and suicide prevention in policy and practice</b> <i>Harriet Edwards, Policy Manager, Samaritans</i>
<i>John Major Room</i>	<b>1c) GPs and suicide prevention – the value of peer-training</b> <i>Kate Beed, GP Training Co-ordinator, CPSL Mind</i> <i>Dr Melanie D'Souza, GP</i>
<i>Deventure Lounge</i>	<b>1d) 'One Size Doesn't Fit All' – the latest evidence about suicide in the autistic community</b> <i>Ed Smith, Policy Manager, Autistica</i> <i>Bethan Davies, Discover Coordinator, Autistica</i>
<i>Double Box 52/53</i>	<b>1e) Reaching men through sport</b> <i>Alex Cotton, Founder of It Takes Balls to Talk, and Senior Practitioner Mental Health Street Triage Team, Coventry &amp; Warwickshire Partnership Trust</i>
<i>Double Box 56/57</i>	<b>1f) Responding to the needs of LGBTQ people in suicidal distress</b> <i>Phil Brooke, Suicide Prevention Worker, Mind Out</i>
12:55	Lunch

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13:45	<p><b>Plenary: Suicide prevention with people of working age</b></p> <p>Professor Nav Kapur, Head of Research at the Centre for Suicide Prevention, University of Manchester</p> <p>Xenia Koumi, Project Officer - Business Healthy, City of London Corporation</p> <p>Mark Montgomery, City of London Police: speaking from his own experience</p>
14:30	<p><b>Workshops</b></p> <p><b>2a) Including people with personal experience in suicide prevention</b>  <i>Penny Fosten, Executive Lead, NSPA</i>  <i>Steve Gilbert, Serious Mental Illness - Living Experience Consultant</i></p> <p><b>2b) Local suicide prevention planning – good practice, innovation and sector led improvement</b>  <i>Helen Garnham, National Programme Manager – Public Mental Health, Public Health England</i>  <i>Tim Woodhouse, Public Health Specialist (Suicide Prevention), Working on behalf of the Kent and Medway STP, Based at Kent County Council</i></p> <p><b>2c) Providing support to those in crisis</b>  <i>Emer O’Neill, Director, Journey of Hope</i>  <i>Jane Boland, Centre Manager, James’ Place</i></p> <p><b>2d) Reducing self-harm in young people</b>  <i>Ellen Townsend, Head of Self-Harm Research Group, University of Nottingham</i>  <i>Keith Waters, Director of the Centre for Self-harm and Suicide Prevention Research, Derbyshire Healthcare NHS Foundation Trust</i></p> <p><b>2e) Supporting children and young people bereaved by suicide</b>  <i>Karen Harvey, Service Development Manager – Education, Samaritans</i>  <i>Suzie Phillip, Evidence, Partnership and Professional Development Lead, Winston’s Wish</i></p>
India Room	
Pakistan Room	
John Major Room	
Debenture Lounge	
Double Box 52/53	
15:15	Tea break
15:30	<p><b>Plenary: Suicide prevention with older adults</b></p> <p>David Owens, Associate Professor, University of Leeds, Leeds Institute of Health Sciences</p> <p>Jolie Goodman, Programmes Manager for Empowerment &amp; Later Life, Mental Health Foundation</p> <p>Robert Peacock, Time to Change Champion: speaking from his own experience</p>
16:20	<p><b>Closing comments</b></p> <p>Jacqui Morrissey, Co-chair, NSPA</p>
16.30	<b>Close</b>

**Please note:** Executive Box 43 is available for delegates to use as a quiet space for reflection, with emotional support available throughout the day from Samaritans volunteers.