



# **UK Suicide Bereavement Survey**

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**Suicide Bereavement UK**

## Research Team

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# Aim of Presentation

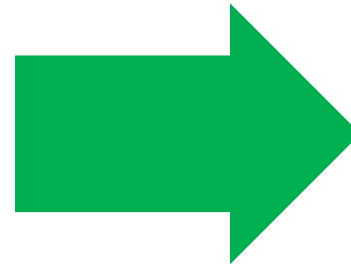
## To inform you

- the national suicide bereavement survey
- findings from the pilot phase
- the response to the main study
- to request your help to raise awareness of the survey

## **Aims of the Study**

- To understand more about the impact a death by suicide may have on the lives of those who are bereaved or affected by the death
- To establish the support people bereaved or affected by suicide received, how the support was helpful, and where such support is lacking
- To examine evidence of the need for suicide bereavement support services.

# Suicide Bereavement Survey



# About the Anonymous Survey

**Consists of 72 questions and explores an individuals**

- experiences and perceived needs of being bereaved or affected by suicide
- access to support and their perception of it
- number of losses to suicide
- impact of suicide and support staff receive in the workplace (e.g. health professionals, prison officers, teachers etc)

# Who can complete the survey?

- Anyone aged 18 years and over who live in the UK
- Anyone who consider themselves to be **bereaved** or **affected** by suicide (this includes professionals)

## What are participants required to do?

- Complete an anonymised online survey which takes approx. 20 mins to complete
- Most of the survey consists of tick boxes, but some text boxes provided for additional information.



# Three Year Preparation for the Study

Ethical approval from the University of Manchester


Public Health England (2015)



Supportaftersuicide.org.uk



# Pilot Study



**Pilot study**  
1 month, Nov 2016

## Aim

- Recruit 50 participants
- Test the survey
- Evaluate experiences of those completing the survey
- Identify key findings

## Occupations of some of those who completed the pilot survey

Teacher, Support Worker, Barista, Journalist, Manager, Learning Development Officer, Telephone Manager, Deputy Registrar, Self Employed Builder, Line Manager, Veterinary Surgeon, Hospital Doctor, Contract Manager, Office Assistant, Farmer, Police Officer, Firefighter, Programme Manager, Driver, Housekeeping in a hotel, Retired Business Manager, Head Teacher, Business Owner and Integrative counsellor etc

# Who Died?

## **Various relationships referred to in the pilot study and include:**

Mother, father, stepfather, daughter, son, brother, sister, wife, husband, ex-husband, cousin, niece, friend, friend, neighbour, acquaintance and colleagues.

# Pilot findings

- Provide a unique insight into the difficulties those bereaved or affected by suicide face.
- Informed us of the revisions that needed to be made prior to the launch of the main study
- The urgency of conducting the national study to inform policy, research and practice

# Main Study

- Launched 27<sup>th</sup> September 2017 – [recruiting until 31<sup>st</sup> August 2018](#)
- presented pilot findings at Westminster (Nov 2017) and USA (April 2018)
- Survey referred to in the House of Commons and a request for a debate on suicide bereavement (Hansard, 2017) <https://goo.gl/KAmKeL>
- Survey referred to on BBC Breakfast (6<sup>th</sup> May 2018)
  - Facebook: <https://www.facebook.com/suicidebereavementUK/>
  - U tube: <https://www.youtube.com/watch?v=8ELJTrUMM8k>

## To Conclude

- **4279** currently completed the survey
- **Please can you help us** to help raise awareness of the survey?
- Survey link: [research.bmh.manchester.ac.uk/cmhs/research/Impactofsuicide](https://research.bmh.manchester.ac.uk/cmhs/research/Impactofsuicide)
- Survey leaflets providing link available today
- Preliminary findings will be presented at Manchester International suicide bereavement conference (26<sup>th</sup> Sept 2018)

# Presenting preliminary findings



  
suicidebereavement™

**Pennine Care**   
NHS Foundation Trust

Suicide Bereavement UK and Pennine Care NHS Foundation Trust are collaborating for the 7th year running to host the Suicide Bereavement International Conference.

## Suicide Bereavement: Breaking the Silence

**Suicide Bereavement UK's 7th International Conference**  
**One day conference: 26th September 2018 (£120 + Booking Fee and VAT)**  
**The Mercure Manchester City Hotel, Manchester**

[SPEAKERS](#) [CONFERENCE WORKSHOPS](#) [PROGRAMME](#) [LOCATION & CONTACT DETAILS](#) [ONLINE BOOKING FORM](#)

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Link to the survey: [research.bmh.manchester.ac.uk/cmhs/research/Impactofsuicide](https://research.bmh.manchester.ac.uk/cmhs/research/Impactofsuicide)

# Thank you

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