



## ***Local Suicide Prevention Plans and opportunities for Sector Led Improvement***

### **Facilitators**

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### **Aims**

1. *To share early information on numbers of local authorities with suicide prevention plans*
2. *To identify some lessons for good practice*
3. *To share plans for using Sector Led Improvement to enable improvement of plans and outcomes*

***Because of limited time in the workshop we ask you to keep questions and discussion until the question and answer session***

### **Agenda**

11.40 Welcome and Introduction

11.42 An overview of suicide prevention plans and some good practice

*Helen Garnham will give an overview of issues learned from suicide prevention plans and some examples of good practice, with people from other authorities*

12.00 Identifying and developing good practice: The SLI Approach

*Jim McManus will draw some lessons for good practice and share plans for how Sector Led Improvement will be applied to public mental health and suicide prevention*

12:15 Questions and answers

12:25 Close

*Jim and Helen are happy to answer questions or have discussions after the workshop or over the lunch break*

*Jim McManus and Lisa McNally, Consultant in Public Health from Bracknell Forest Council, will both be part of the 3.10pm afternoon Panel on local suicide reduction plans.*



## Some Resources

### Public Health England Suicide Prevention: resources and guidance

<https://www.gov.uk/government/collections/suicide-prevention-resources-and-guidance>

### Sector Led Improvement

What is Sector Led Improvement? <https://www.local.gov.uk/our-support/our-improvement-offer/what-sector-led-improvement>

Sector Led Improvement in Public Health Prospectus <https://tinyurl.com/y7ldxxff>

Sector Led Improvement Public Health overview  
<http://www.adph.org.uk/category/phsystem/sli/>

### Local Government Mental Health Challenge

Many local authorities now have elected member mental health champions. Find out more here <http://www.mentalhealthchallenge.org.uk/>

### Local Government Association Publications

Suicide prevention <https://www.local.gov.uk/suicide-prevention-guide-local-authorities>  
Role of Local Government in mental health and wellbeing <https://tinyurl.com/yctwvytp>

### Centre for Public Scrutiny

Note on role of scrutiny committees in suicide prevention plans  
<https://tinyurl.com/y8thm38g>

### Top Tips to take away

1. Don't look to central govt for answers when decisions that impact on communities are local. Local accountability via your locally elected representatives is just as important as national representation.
2. Local politicians come from same backgrounds as you and I. Find your mental health champion councillor and meet them
3. Speak to the Chair of the health and wellbeing Board and portfolio holder. They "don't know what they don't know" so it's helpful to meet and discuss with them how collectively we can build the best prevention plan possible. Build relationships. Share the stories. Offer solutions.
4. Don't see Scrutiny of the Suicide Prevention Plan as "marking the officers' homework" but an opportunity to co-produce. Offer scrutiny and healthwatch your expertise/insight/experience.
5. Practice what you preach: if you expect local authorities to demonstrate impact and be transparent, how are you doing that? How do you know what you're doing is effective?