



National  
Suicide Prevention  
Alliance

Conference 2019: *Suicide prevention across the life course*

Tuesday 5<sup>th</sup> February 2019, 10:00 to 16:30

The Kia Oval, London

Time	Session
09:15	<b>Registration &amp; Networking</b>
10:00	<b>Welcome</b>
10:10	<b>Jackie Doyle-Price, Minister for Suicide Prevention</b>
10:40	<b>Reflections on the national strategy:</b> Professor Louis Appleby, Chair, National Suicide Prevention Strategy Advisory Group
11:00	<b>Plenary: Suicide prevention with children and young people</b> Professor Ellen Townsend, Head of Self-Harm Research Group, University of Nottingham Claire Dickens, Senior Lecturer in Mental Health, University of Wolverhampton Charley James: speaking from her own experience
11:45	Coffee break
12:00	<b>Workshops</b>  <b>Building suicide-safer school communities: case studies</b> <i>Aarti Kumari, Regional Manager for London, PAPYRUS Prevention of Young Suicide</i>  <b>Community Asset Building, reducing social isolation and suicide prevention – A Digital Public Health approach</b> <i>Daniel Green, Head of Business Intelligence, Public Health, Bracknell Forest Council</i>  <b>GPs and suicide prevention – the value of peer-training</b> <i>Kate Beed, GP Training Co-ordinator, CPSL Mind</i> <i>Dr Melanie D’Souza, GP</i>  <b>‘One Size Doesn’t Fit All’ – the latest evidence about suicide in the autistic community</b> <i>Ed Smith, Policy Manager, Autistica</i> <i>Bethan Davies, Discover Coordinator, Autistica</i>  <b>Reaching men through sport</b> <i>Alex Cotton, Founder of It Takes Balls to Talk, and Senior Practitioner Mental Health Street Triage Team, Coventry &amp; Warwickshire Partnership Trust</i>  <b>Responding to the needs of LGBTQ people in suicidal distress</b> <i>Phil Brooke, Suicide Prevention Worker, Mind Out</i>
12:45	Lunch
13:30	<b>Plenary: Suicide prevention with people of working age</b> Professor Nav Kapur, Head of Research at the Centre for Suicide Prevention, University of Manchester

	<p>Xenia Koumi, Project Officer - Business Healthy, City of London Corporation</p> <p>Mark Montgomery, City of London Police: speaking from his own experience</p>
14:15	<p><b>Workshops</b></p> <p><b>Including people with personal experience in suicide prevention</b>  <i>Penny Fosten, Executive Lead, NSPA</i>  <i>Steve Gilbert, Serious Mental Illness - Living Experience Consultant</i></p> <p><b>Local suicide prevention planning – good practice, innovation and sector led improvement</b>  <i>Helen Garnham, National Programme Manager – Public Mental Health,</i></p> <p><b>Providing support to those in crisis</b>  <i>Emer O’Neill, Director, Journey of Hope</i>  <i>Jane Boland, Centre Manager, James’ Place</i></p> <p><b>Reducing self-harm in young people</b>  <i>Rowena Jaber, Director, The WISH Centre</i></p> <p><b>Supporting children and young people bereaved by suicide</b>  <i>Karen Harvey, Service Development Manager – Education, Samaritans</i>  <i>Suzie Phillip, Evidence, Partnership and Professional Development Lead, Winston’s Wish</i></p>
15:00	Tea break
15:15	<p><b>Plenary: Suicide prevention with older adults (retirement, bereavement, physical health deteriorating, caring for someone)</b></p> <p>David Owens, Associate Professor, University of Leeds, Leeds Institute of Health Sciences</p> <p>Jolie Goodman, Programmes Manager for Empowerment &amp; Later Life, Mental Health Foundation</p>
16:20	<b>Closing comments</b>
16.30	<b>Close</b>